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FILED

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NEW JERSEY STATE BOARD
OF MEDICAL EXAMINERS

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STATE OF NEW JERSEY
DEPARTMENT OF LAW AND PUBLIC SAFETY
DIVISION OF CONSUMER AFFAIRS
STATE BOARD OF MEDICAL EXAMINERS

**CONSENT ORDER** 

INTHE MATTER OF THE SUSPENSION OR REVOCATION **OF** THE LICENSE OF

Saquib Sayed, M.D.

License No.: 25MA07308600

O. | OF A07308600 | VOLUNTARY SURRENDER

TO PRACTICE MEDICINE AND SURGERY IN THE STATE OF NEW JERSEY

This matter was opened to the New Jersey State Board of Medical Examiners (Board) upon receipt of a report from the Physician's Health Program of the Medical Society of New Jersey (PHP) that Saquib Sayed, M.D. had relapsed into his abuse of alcohol as evidenced by a urine test that proved positive for the presence of alcohol and Dr. Sayed's acknowledgement of his relapse.

Dr. Sayed first submitted an application for a plenary license in the State of New Jersey in 2001.

On or about September 8, 2001 Dr. Sayed entered into a Consent Order with the Board pursuant to which he was granted a license to practice medicine limited to a supervised setting. In granting this limited licensure, the Board took into consideration Dr. Sayed's disclosures that he had been arrested and charged twice for Driving Under the Influence which were resolved with lesser convictions of failure to take a Breathalyzer and careless driving, that he had been arrested for domestic violence, he



Impaired Physician' Program, and had entered into a Consent Order on July 26, 2001 whereby he agreed to the permanent surrender of his Kentucky medical license. The Board also considered Dr. Sayed's four years of documented sobriety, his active involvement with the PHP since 1999, his participation in Alcoholics Anonymous, neuropsychological assessments and the endorsement of the PHP. Accordingly. Dr. Sayed was granted a limited license to practice medicine in New Jersey subject to a variety of conditions including Dr. Sayed's continued abstinence from alcohol or any other addictive substance. On November 3,2003, a second Consent Order was filed modifying some of the screening and reporting requirements of the original Order and reaffirming all other terms and conditions of limited licensure.

On or about July 8,2004, the PHP alerted the Board of Medical Examiners that Dr. Sayed had relapsed into the abuse of alcohol as evidenced by a positive urine test.

Dr. **Sayed** seeks leave to voluntarily surrender his license to practice medicine and surgery in the State of New Jersey without prejudice **and** in accordance with the terms of this Order. The Board finding the within disposition adequately protective of the public health, **safety and** welfare, and other good cause having been shown,

#### ORDERED THAT

1. Saquib Sayed, M.D. is hereby granted leave and shall immediately surrender his license to practice Medicine and Surgery in the State of New Jersey for a minimum period of 12 months from the date of this Order.

- 2. Dr. **Sayed** shall immediately return his original **New** Jersey license and current biennial registration to the New Jersey State Board of Medical Examiners, 140E. Front **Street,** P.O. Box 183. Trenton, New **Jersey** 08625-0183 upon his receipt of a filed copy of **this** Order.
- 3. Dr. Sayed shall return his original CDS registration to **the** New Jersey State Board of Medical Examiners, 140 E. Front Street, P.O. **Box** 183, Trenton, New Jersey 08625-0183 upon his receipt of **a** filed **copy** of this Order.
  - **4. Dr.** Sayed shall immediately advise the **DEA** of this **Order.**
- 5. Dr. **Sayed** will comply fully with the monitoring program established for him by the PHP. Such monitoring **program** shall include but not be limited **to**:
  - a. Absolute abstinence from drugs and alcohol with the exception of medication prescribed by a treating physician for a documented medical condition with notification to the medical director of the PHP.
  - b. Participation in psychotherapy to help him developbehavioral **and** cognitive approaches to managing his symptoms no less often **than** twice: **per** month with acounselor approved by the **Medical** Director of the Board and the Executive Director of the PHP. Dr. **Sayed** shall cause his counselor to provide the PHP with quarterly reports in regard to his attendance and progress in counseling.
  - c. Attendance at 90 meetings of Alcoholics Anonymous in 90 days, and thereafter at a frequency to be determined by the Medical Director of the PHP, but net less than three meetings per week. Dr. Sayed shall provide evidence of attendance at such groups directly to the PHP on a form or in a manner as required by the Program.

- d. Random urine monitoring under the supervision of the PHP on a random, unannounced basis, at a frequency to be determined by the PHP, but no less than 2 times pes week. All test results shall be provided in the first instance directly to the PHP and any positive result shall be reported immediately by the PHP to the Executive Director of the Board.

  Any failure by Dr. Sayed to submit or provide a urine sample within twenty-four (24) hours of a request will be deemed to be an act of non-compliance with the terms of this order absent an excuse satisfactory to the PHP.
- e. Dr. Sayed shall submit to continued monitoring by the PHP and shall meet with the PHP on a face-to-face basis at least once a month. Dr. Sayed agrees that the PHP shall advise the Board immediately in the event it receives information or evidence of noncompliant behavior and/or further relapse.
- f. Participation in aftercare as prescribed by the Executive Director of the PHP.
- 6. Should Dr. Sayed seek licensure in a State other than New Jersey, Dr. Sayed authorizes the PHP to inform the licensing Board of that State of the current status of his recovery and his compliance with this Order.
  - 7. Prior to any restoration of his license, Dr. Sayed shall:
    - a. Appear before the Board or a committee thereof to discuss his readiness to reenter the practice of medicine. At that time Dr. Sayed shall be prepared to propose his plans for future practice in New Jersey.
    - b. Provide the Board with evidence that he is capable of discharging the functions of a licensee in a manner consistent with the public's health, safety and welfare and that he is not then suffering from any impairment or limitation resulting from the use of alcohol or any other addictive substance which could affect his practice.
    - c. Provide the Board with discharge summaries from any in-patient programs and reports from **each** and every mental health professional (including but not limited

to: psychologists, counselors, therapists, psychiatrists) who have participated in Dr. Sayed's care and/or treatment for the disability in this matter during the **period** of time from the date the within Order is filed to his appearance before the Board.

- d. Provide the Board with a report from the **Physician's**Health Program detailing the nature and extent of his involvement with that entity.
- e. Affirmatively establish his **fitness**, competence and capacity to re-enter the active practice of medicine **and** surgery within New Jersey.
- **f.** Provide the **Beard** with a full account of his **conduct** during the intervening **period** of time from the entry of this Order to **his** appearance pursuant to this Order.
- 7. Dr. Sayed shall comply with the "Directives Applicable to any Medical Board Licensee who is **Suspended**, Revoked or Whose Surrender of Licensure has been Accepted," **attached** hereto and made **a part** hereof.

NEW JERSEY STATE BOARD OF MEDICAL EXAMINERS

Bv:

David Wallace, M.D.

Board President

Frank Vice President

I have read the within Order

and agree to its terms.

Saguib Sayed, M.D.

Louis E. Baxter, Sr., M.D., FASAM

Medical Director

Physician's Health Program

# DIRECTIVES APPLICABLE TO ANY MEDICAL BOARD UCENSEE WHO IS DISCIPLINED OR WHOSE SURRENDER OF LICENSURE HAS BEEN ACCEPTED

## APPROVED BY THE BOARD ON MAY 10, 2000

All-licensees who are the subject of a disciplinary order of the Board are required to provide the information required on the addendum to these directives. The information provided will be maintained separately and will not be part of the public document filed with the Board. Failure to provide the information required may result in further disciplinary action for failing to cooperate with ?heBoard, as required by N.J.A.C. 13:45C-1 et seq. Paragraphs 1 through 4 below shall apply when a license is suspended or revoked or permanently surrendered, with or without prejudice. Paragraph5 applies to licensees who are the subject of an order which, while permitting continued practice, contains a probation or monitoring requirement.

## 1. Document Return and Agency Notification

The licensee shall promptly forward to the Board office at Post Office Box 183,140 East Front Street, 2nd floor, Trenton, New Jersey 08625-0183, the original license, current biennial registration and, if applicable, the original CDS registration. In addition, if the licensee holds a Drug Enforcement Agency (DEA) registration, he or she shall promptly advise the DEA of the licensure action. (With respect to suspensions of a finite term, at the conclusion of the term, the licensee may contact the Board office for ?bereturn of the documents previously surrendered to the Board. In addition, at the conclusion of the term, the licensee should contact the DEA to advise of the resumption of practice and to ascertain the impact of that change upon his/her DEA registration.)

### 2. Practice Cessation

The licensee shall cease and desist from engaging in the practice of medicine in this State. This prohibition not only bars a licensee from rendering professional services, but also from providing an opinion as to professional practice or its application, or representing him/herself as being eligible to practice. (Although the licensee need not affirmatively advise patients or others of the revocation, suspension or surrender, the licensee must truthfully disclose his/her licensure status in response to inquiry.) The disciplined licensee is also prohibited from occupying, sharing or using officespace in which another licensee provides health care services. The disciplined licensee may contract for, accept payment from another licensee for or rent at fair market value office premises and/or equipment. In no case may the disciplined licensee authorize, allow or condone the-use of his/her provider number by any health care practice or any other licensee or health care provider. (Insituations where the licensee has been suspended for less than one year, the licensee may accept payment from another professional who is using his/her office during the period that the licensee is suspended, for the payment of salaries for office staff employed at the time of the Board action.)

Pursuant to N.J.S.A. 45:9-19.13, if the Board refuses to issue, suspends, revokes or otherwise places conditions on a license or permit, it is obligated to notify each licensed health care facility and health maintenance organization with which a licensee is affiliated and every other beard licensee in this state with whom he or she is directly associated in private medical practice.

In accordance with an agreement with the Federation of State Medical Boards of the United States, a list of all disciplinary orders are provided to that organization on a monthly basis.

Within the month following entry of an order, a summary of the order will appear on the public agenda for the next monthly Board meeting and Is forwarded to those members of the public requesting a copy. In addition, the same summary will appear in the minutes of that Board meeting, which are also made available to those requesting a copy.

Within the month following entry of an order, a summary of the order will appear in a Monthly Disciplinary Action Listing which is made available to those members of the public requesting a copy.